

NOVATO UNIFIED SCHOOL DISTRICT

BOARD POLICY

Series 3000

BP 3550

Business and Non-instructional Operations Food and Nutritional Services Department

The Governing Board recognizes that students need adequate, nourishing food in order to grow, learn, and maintain good health. Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease.
2. Meet or exceed nutritional standards specified in law and administrative regulation
3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits.
4. Be served in age-appropriate portions
5. Be sold at reasonable prices

(cf. 3312 - Contracts)

(cf. 3551 - Food Service Operations/Cafeteria Fund)

(cf. 3553 - Free and Reduced Price Meals)

(cf. 3554 - Other Food Sales)

(cf. 5030 - Student Wellness)

(cf. 5141.32 - Health Screening for School Entry)

(cf. 6142.8 - Comprehensive Health Education)

The Superintendent or designee shall develop strategies designed to encourage the participation of students and parents/guardians in the selection of foods of good nutritional quality for school menus. Parents/guardians are encouraged to support the district's nutrition education efforts by considering nutritional quality when selecting any snacks which they may donate for occasional class parties.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school and transportation schedules shall be designed to encourage participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation. School cafeterias shall comply with the sanitation and safety requirements of the California Uniform Retail Food Facilities Law as set forth in Health and Safety Code 113700-114455.

(cf. 1312.4 - Williams Uniform Complaint Procedures)

(cf. 3517- Facilities Inspection)

(cf. 7110 - Facilities Master Plan)

Professional development for food service personnel shall include nutrition education and safe food handling. *(cf. 4231 - Staff Development)*

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Child Nutrition and Physical Activity Advisory Committee

The Board may establish a Child Nutrition and Physical Activity Advisory Committee to develop school district policies on nutrition and physical activity for recommendation to and approval by the Board. (Education Code [49433](#))

The membership of the Child Nutrition and Physical Activity Advisory Committee shall include, but need not be limited to, Board members, school administrators, food service directors, food service staff, other staff, parents/guardians, students, physical and health education teachers, dietitians, health care professionals and interested community members. (Education Code [49433](#))

In developing such policies on nutrition and physical activity, the Committee shall hold at least one public hearing and shall ensure that the policies address all the issues and goals specified in Education Code [49433](#). (Education Code [49433](#))

(cf. [1220](#) - Citizen Advisory Committees)

(cf. [6142.7](#) - Physical Education)

Legal Reference:

EDUCATION CODE

[38080-38103](#) Cafeteria, establishment and use
[45103.5](#) Contracts for management consulting services; restrictions
[49430-49436](#) Pupil Nutrition, Health, and Achievement Act of 2001
[49490-49493](#) School breakfast and lunch programs
[49500-49505](#) School meals
[49510-49520](#) Nutrition
[49530-49536](#) Child Nutrition Act
[49540-49546](#) Child care food program
[49547-49548.3](#) Comprehensive nutrition services
[49550-49560](#) Meals for needy students
[49570](#) National School Lunch Act

HEALTH AND SAFETY CODE

[113700-114455](#) California Uniform Retail Food Facilities Law

CODE OF REGULATIONS, TITLE 5

[15500-15501](#) Food sales by student organizations
[15510](#) Mandatory meals for needy students
[15530-15535](#) Nutrition education
[15550-15565](#) School lunch and breakfast programs

UNITED STATES CODE, TITLE 42

[1751-1769](#) School lunch programs
[1771-1791](#) Child nutrition, especially:

[1773](#) School breakfast program

CODE OF FEDERAL REGULATIONS, TITLE 7

[210.1-210.31](#) National School Lunch Program
[220.1-220.21](#) National School Breakfast Program