

**Mary E. Silveira Elementry (Marinwood)  
School Lunch Tour: January 9, 2007**

*Arranged by the Novato Live Well Network  
www.NovatoLiveWell.org, 415-897-2302*

When it comes to the lunch room, Mary E. Silveira Elementary school is a leader in our community. Lunch recess takes place before lunch so that students are hungry when it's time to eat and do not rush through their meal to get to recess.

Many lunches are served in the multi-purpose room on tables, "community style".



Lunch is provided by NUSD-Food And Nutritional Services (FANS).

Principal, Jeanne Casella, reads stories to help "quiet" the younger children.

After lunch the well fed children go back to class, calmer and ready to learn.

There are student waste managers who assist with the lunchtime recycling and composting each day.



The school also has a vermicompost, chickens, a pond, and a school garden—all of which are tied to the curriculum.



*Photos taken by Veronica Valero*