



COMMUNITY FORUM: Our Local Food Shed: The Hidden Bounty of Marin

An Outreach & Fundraising Event for the:
Novato Community Garden Project

A project of Novato Live Well Network

Donation: \$5 to \$10, no one turned away

A DRAWING

To raise funds for
The Novato
Community Garden Project

DRAWING PRIZES

Gift Baskets, Items or Certificates from:

John Boyajy, Pianist: A Private Concert
Dot Spaet: Fitness Consultant & Coach
Heidi Kertel: Armstrong Nursery Cert.
Matt & Jeff's Car Wash & Detail Center
Natalie & Daria's Flowers & Gifts
James Rogers, DC
Sloat Garden Center

And MORE to come!

TO DONATE:

1 ticket for \$5 or
3 tickets for \$10

Tickets available for purchase
prior to and at the event

To donate prizes
or purchase tickets:

contact

David Selzer
(415) 895-1897

EVENT OVERVIEW: Learn about "foodsheds." View the award-winning 30-minute video documentary: "Hidden Bounty of Marin" written and directed by Steve Quirt and Ellie Rilla, and produced by Novato Public Access Television. Have a dialog with local farmers, food educators, and Locavores. Hear an update on the **Novato Community Garden Project**. Meet collaborators. Find resources.

Date: Thursday, April 22, 2010

Time: 7:00-9:00 PM, Doors open at 6:45 PM

Location: Novato Unified School District Offices
1015 Seventh Street, Novato, CA 94945
(Cross street: Grant Avenue)

PANEL MODERATOR: Steve Quirt, Instructor College of Marin-Indian Valley Organic Farm & Garden; Food Systems Coordinator, UC Cooperative Extension; Co-director of video documentary: "Hidden Bounty of Marin"

FEATURED SPEAKERS:

Wendy Johnson: Founder of Green Gulch Zen Meditation Center, Author, Instructor College of Marin-Indian Valley Organic Farm & Garden.

Miguel Villarreal: Dir. of Food And Nutritional Services for Novato Unified School District.
Local Farmers and other guests.

INFORMATION TABLES: Novato Community Garden Project; Novato Live Well Network; Food And Nutritional Services of the Novato Unified School District, and others.

Come early to visit the tables.

Live music and light refreshments will be provided.

FOR MORE INFO: www.NovatoLiveWell.org or 415-897-2302



**Novato
Community Garden**
Novato Live Well Network

THE MISSION of Novato Live Well Network is to build and support a network of local community gardens that enable people from diverse backgrounds to grow food, foster community and enhance health and wellbeing in a sustainable manner. We will work with and educate families, schools and our community about the positive benefits of choosing sustainable ways of eating, gardening and living by providing programs that support nutrition education, our local foodshed, school and community gardens and sustainable living practices.

Novato Live Well Network is a sponsored project of MarinLink, a California nonprofit corporation, exempt from federal tax under section 501(c)(3) of the Internal Revenue Code, as amended. Your financial contributions are deductible.