# COMMUNITY FORUM:
# Our Local Foodshed: The Hidden Bounty of Marin

An Outreach & Fundraising Event for the:

## Novato Community Garden Project

*A project of Novato Live Well Network*

**Donation:** $5 to $10, no one turned away

**EVENT OVERVIEW:** Learn about "foodsheds." View the award-winning 30-minute video documentary: "Hidden Bounty of Marin" written and directed by Steve Quirt and Ellie Rilla, and produced by Novato Public Access Television. Have a dialog with local farmers, food educators, and Locavores. Hear an update on the **Novato Community Garden Project**. Meet collaborators. Find resources.

**Date:** **Thursday, April 22, 2010 EARTH DAY**
**Time:** 7:00-9:00 PM, Doors open at 6:45 PM
**Location:** Novato Unified School District Offices
1015 Seventh Street, Novato, CA 94945
(Cross street: Grant Avenue)

**PANEL MODERATOR:** **Steve Quirt**, Instructor College of Marin-Indian Valley Organic Farm & Garden; Food Systems Coordinator, UC Cooperative Extension-Marin

**FEATURED SPEAKERS:**

- **Wendy Johnson:** Founder of Green Gulch Zen Meditation Center, Author, Instructor College of Marin-Indian Valley Organic Farm & Garden
- **Miguel Villarreal:** Dir. Food And Nutritional Services, Novato Unified School District
- **Amy Rice-Jones:** Bounty Farm Manager, Petaluma Bounty
- **Local Farmers** TBA

**INFORMATION TABLES:** Novato Community Garden Project; Novato Live Well Network; Food And Nutritional Services, NUSD; Marin Agricultural Institute, and others.

***Come early to visit the tables!***
***Live music by Ben Tedder, a.k.a. "Tito" and light refreshments will be provided.***

**FOR MORE INFO: www.NovatoLiveWell.org or 415-897-2302**

**A DRAWING**
**To raise funds for**
**The Novato Community Garden Project**

**DRAWING PRIZES**
**Gift Baskets, Items or Certificates from:**
Bay Area Computer Training
John Boyajy, Pianist: A Private Concert
Dot Spaet: Fitness Consultant & Coach
Heidi Kertel: Armstrong Nursery Cert.
Matt & Jeff's Car Wash & Detail Center
Natalie & Daria's Flowers & Gifts
James Rogers, DC: Chiropractic Care
Sloat Garden Centers
Strength Within Pilates & Fitness

**And MORE to come!**

**TO DONATE:**
1 ticket for $5 or
3 tickets for $10
Tickets available for purchase prior to and at the event

To donate prizes or purchase tickets:
**CONTACT:**
**David Selzer**
**(415) 895-1897**

Novato Community Garden
Novato Live Well Network

***THE MISSION** of **Novato Live Well Network** is to build and support a network of local community gardens that enable people from diverse backgrounds to grow food, foster community and enhance health and wellbeing in a sustainable manner. We will work with and educate families, schools and our community about the positive benefits of choosing sustainable ways of eating, gardening and living by providing programs that support nutrition education, our local foodshed, school and community gardens and sustainable living practices.*

***Novato Live Well Network** is a sponsored project of **MarinLink**, a California nonprofit corporation, exempt from federal tax under section 501(c)(3) of the Internal Revenue Code, as amended. Your financial contributions are deductible.*